



For 11-18
year olds

Youth Hub Program

September to October 2026

Drop in to join
in!

Monday	Tuesday	Wednesday	Friday	Saturday
4:00 - 5:00pm Drop-In youth cafe A relaxed place to hang out with friends, enjoy refreshments, play games, and chat with youth workers.	4:30pm - 6:00pm 10-14 Club A fun and inclusive session designed specifically for young people aged 10-14.	4:00-6:00pm Digibox's Content Creators Club (10-16 year olds) A fun and supportive environment to explore different content creation Bookings only	4:00 - 6:00pm Y- Cooking Join us for a culinary adventure around the world.	4:00 - 5:00pm Drop-in Youth Cafe A relaxed place to hang out with friends, enjoy refreshments, play games, and chat with youth workers.
5:15-6:30pm Games session Build confidence and take on fun challenges like the YMCA St Helens Escape Room and Traitors			6:00 - 6:45pm Drop-in youth cafe A relaxed place to hang out with friends, enjoy refreshments, play games, and chat with youth workers.	5:15pm - 7pm Music theatre Step into the spotlight and explore the exciting world of musical theatre.
6:45 - 8:15pm Performing Arts Project Use drama, music, and teamwork to help deliver an exciting staff welcome event that celebrates YMCA St Helens.			6:45pm - 8:15pm Multi - sport Get active and try a range of sporting activities in a fun, inclusive environment.	

Youth Hub
YMCA St Helens
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YMCAStHelens



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